



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA. For more information about a particular event, you may write one of the Eckankar Satsangs shown on the outside cover page.



## **ECK Light and Sound Services**

The ECK Light and Sound Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group then sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings.

### **Huntsville**

Huntsville Eckankar Center  
900 Wellman Avenue, NE #3

Also available online via Zoom (see p. 2 for link info)

Date: August 28

Time: 11:00 AM

### ***Gifts of God\****

“The ECK Masters have great compassion. They give love and mercy to the people they meet. All they want to do is pass along the gifts of God, but people have to earn them.”

—Harold Klemp, *The Slow Burning Love of God*,  
Mahanta Transcripts, Book 13, p. 70

## **Huntsville Eckankar Center Open**

Welcome back!

The Huntsville Eckankar Center is opening for public events after having been closed during the COVID Pandemic as a precaution to protect our members and visitors. We shall continue to offer many of our meetings in Zoom format online or by phone.

We are reopening in August, with the following precautions:

- Wear a mask if you have immune problems of any kind, or if you feel more comfortable in a group while wearing a mask.
- Please do not attend in person if you have been exposed to any type of sickness in the past ten days. (Use the Zoom option online or by phone.)
- Please do not attend in person if you are sick. (Use the Zoom option online or by phone.)

## **Email and Mail Communications**

If you are not receiving email communications from us and would like to receive event notices you may opt in to receive event notices at one of our Meetup groups (see page 2) or send an email request to [info@eck-alabama.org](mailto:info@eck-alabama.org). You can also choose to receive the *Lightline* newsletter as email only to save printing costs, or receive paper and email. Donations to support the newsletter are always happily accepted!

You may also download current and previous issues of the *Lightline* newsletter from our web site at [www.eck-alabama.org](http://www.eck-alabama.org).



## The Sound of Soul Events

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

HU can uplift people of any religion, culture, or walk of life.

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

“Love is love. And you are that.

HU is the Sound of Soul.”

—Sri Harold Klemp, *The Sound of Soul*

### Auburn-Opelika, Birmingham, Huntsville

Location: Online Zoom event—see information about getting the Zoom link from one of our Meetup sites (above, right column).

Dates: 2<sup>nd</sup> Sundays: August 14, September 11

Time: 1:30 PM

## Alabama ECK Meetup Groups

You may visit any of our Meetup groups for Eckankar in Alabama to obtain the Zoom links for online public events. The web addresses for the three groups are shown below:

[meetup.com/Auburn-Opelika-Spiritual-Experiences-Group](https://meetup.com/Auburn-Opelika-Spiritual-Experiences-Group)

[meetup.com/Birmingham-Spiritual-Experiences-Group](https://meetup.com/Birmingham-Spiritual-Experiences-Group)

[meetup.com/Huntsville-Spiritual-Experiences-Group](https://meetup.com/Huntsville-Spiritual-Experiences-Group)

## The Online Eckankar Experience

The main Eckankar web-site ([www.eckankar.org](http://www.eckankar.org)) is a wonderful resource, whether you want to order books, try a spiritual exercise, read an inspirational quote for the day, or listen to the HU, a love song to God that can help you.

On the Eckankar web-site you can download free books or a recording of a large group singing HU. There are sections explaining how to explore past lives, dreams, and Soul Travel, as well as sections describing who the ECK Masters are and how they can help you in your search for spiritual freedom.

In addition to the excerpts of seminar talks given by Sri Harold Klemp, spiritual leader of Eckankar, found on the Eckankar web-site there are also excerpts available on his Youtube channel addressing a variety of topics.

## ECKANKAR Soul Adventure Seminar

The 2022 ECKANKAR Soul Adventure Seminar entitled “Become a Light to the World” will be held in Minneapolis, Minnesota from October 21-23.

This seminar can help you move forward spiritually as a divine light of God that shines with the certainty of life!

Weekend events include:

- Inspiring talks
- Heart-opening creative arts
- Roundtable discussions
- Sri Harold Klemp’s featured Saturday-evening talk

Whatever your faith or background, come and discover more about your divine nature as Soul! Registration is complimentary for guests. Visit [www.eckankar.org](http://www.eckankar.org) for more information about the seminar.



## ECK Soul Adventure eBooklet Series

Looking for a burst of spiritual sunshine? For secrets of surviving and thriving in these times? Why not explore the ECK Soul Adventure eBooklet series on the Eckankar website ([www.eckankar.org/ebooklets/](http://www.eckankar.org/ebooklets/))?

Each dynamic eBooklet in this series offers a quick tour of a key facet of spiritual living. Explore amazing stories, insights, questions-and-answers, and an inspiring spiritual exercise you can try today.

These short mobile-friendly PDFs cover a wide range of spiritual interests and needs. A delight to the eye and uplifting to every heart.

Here are the soul adventure topics among the ECK Soul Adventure eBooklet series waiting for you to explore:

- Karma and Reincarnation
- Divine Guidance
- Secrets of Divine Creativity
- HU—Your Key to Spiritual Living
- Finding Your Life's Purpose
- The Power of Gratitude
- Spiritual Stress Relief

## How to Take the Next Step

Are you looking for the next step in understanding what the ECK teachings have to offer you? Here's a list of suggestions for you to consider:

- Practice the Spiritual Exercises of ECK.  
(For example, Sing HU for 15-20 minutes each day)
- Attend an ECK Sound of Soul Event.
- Attend an ECK Light and Sound Service.
- Order books about the ECK teachings from an online or local bookstore, your ECK Center, or at [www.eckankar.org](http://www.eckankar.org).
- Join an Eckankar book discussion class.
- Visit an Eckankar Satsang class (which studies discourses written by the Living ECK Master).
- Apply for membership in Eckankar.
- Study the ECK discourses that come with membership in the privacy of your home.
- Join an Eckankar Satsang class and study the ECK discourses with other members of Eckankar.

## ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

**The Four ECK Celebrations of Life.** These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

**ESA Sessions.** An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.



For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang  
Phone: 256-479-6409

In Huntsville: Huntsville ECKANKAR Satsang  
P.O. Box 4792  
Huntsville, AL 35815  
Phone: 256-534-1751

## *Lightline*

Serving the state of Alabama.

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