



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA. For more information about a particular event, you may write one of the Eckankar Satsangs shown on the outside cover page.

Discover Your Spiritual Mission

ALABAMA ECKANKAR REGIONAL SEMINAR
Saturday, March 17—1:00 PM to 8:00 PM

Best Western Plus Hotel
9035 Madison Boulevard, Madison, AL

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“The ultimate happiness comes when you are able to move at will between the physical and spiritual worlds as a Co-worker with God.

This is your destiny; this is your mission.”
—Sri Harold Klemp, *The Sound of Soul*, p. 25

Inspirational talks, dynamic workshops, personal stories and panel discussions will offer spiritual tools and insights for understanding how to improve your life and find a greater measure of happiness. Come enjoy these seminar events, as well as roundtable discussions and creative arts performances. Connect with other like-minded people from all around the southeastern states. Learn new and advanced ways for exploring your inner worlds.

Some of the seminar topics include:

- “Soul’s Mission”
- “ECK at Work in Your Daily Life”
- “HU—Your Key to Secret Worlds”
- “The Middle Path: Staying Calm, Staying Balanced”
- “Lessons in Problem Solving”
- “Trust in God and Take the Next Step”

FREE ADMISSION and a CD with special techniques for exploring dreams and Soul Travel for those who are not members of Eckankar.

For more information call 256-534-1751, or visit our Web site at www.eck-alabama.org

ECK Light and Sound Services

Huntsville Eckankar Center
900 Wellman Avenue, NE #3

The ECK Light and Sound Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group then sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings.

Date: March 4 Time: 11:00 AM

Living the Spiritual Life

“When you first get on the path, you see a distinction between the material life and the spiritual. But as you go further, you find the ECK actually weaves the two together so smoothly that there is no difference. It is all the spiritual life.”

—Sri Harold Klemp, *How to Find God*,
Mahanta Transcripts, Book 2, p. 340

Date: March 11 Time: 11:00 AM

Once Secret, Still Sacred. It works.

“...This is what we are looking for—to reach the kingdom of heaven in this lifetime. The way to do this is through the Spiritual Exercises of ECK.

The mainstay of these exercises is the word HU, an ancient name for God. Once secret, still sacred. It works.”

—Sri Harold Klemp, *What Is Spiritual Freedom?*,
Mahanta Transcripts, Book 11, pp. 104-105

Date: March 18 Time: 11:00 AM

The Awakened Heart

“As you do one little thing each day for love and love alone, without any expectation of reward, you are going to find that life gives you more and more.”

—Sri Harold Klemp, *The Drumbeat of Time*,
Mahanta Transcripts, Book 10, pp. 18-19



ECK Light and Sound Services

Huntsville (Continued)

Date: March 25 Time: 11:00 AM

Seeing God's Hand in Everything

“...A person who realizes that God's hand is in everything that occurs in that person's life is someone who has a degree of spiritual freedom.”

—Sri Harold Klemp, *What Is Spiritual Freedom?*, Mahanta Transcripts, Book 11, p. 127

Date: April 1 Time: 11:00 AM

Awaken to the Secret of Miracles

Please join us for a streaming audio broadcast of the 2018 ECK Springtime Seminar talk by Sri Harold Klemp, the spiritual leader of Eckankar.

Date: April 8 Time: 11:00 AM

*The Reason for Living**

“So what is the reason for living?”

Life is God's blessing to each Soul—you—to learn how to give and receive love. That's what's going on behind the scenes in this great laboratory of life.”

—Sri Harold Klemp, *The Sound of Soul*, p. 6

*Note: This is a special service that may include a guest speaker or a panel, as well as our regular group discussion and HU Song.

Date: April 15 Time: 11:00 AM

Show Me Truth

“So when you ask the Creator, ‘Show me truth,’ be ready to receive it. You have to ask with a true and open heart.”

—Sri Harold Klemp, *The Sound of Soul*, p. 17



Date: April 22

Time: 11:00 AM

Soul Rises

“As you chant the name of God, with love, for twenty minutes a day, the bindings that constrain Soul will begin to unwind. Not all at once, but very slowly, at a rate you can understand and accept.

As these bindings are released, Soul rises in spiritual freedom.”

—Sri Harold Klemp, *The Sound of Soul*, p. 31

Date: April 29

Time: 11:00 AM

Attunement

“Singing *HU* has been practiced for thousands of years in one form or another for inner attunement. In the same way a musician can use a tuning fork to find the right pitch, the person singing *HU* tunes in to a higher spiritual awareness.”

—Sri Harold Klemp, *The Sound of Soul*, p. 55

The Sound of Soul Events

You're invited to experience chanting *HU*, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of *HU*: inner peace and calm, divine love, expanded awareness, spiritual self-discovery and growth, and healing of the heart.

Birmingham

Call (207) 294-2812 for details.

Dates: 1st Saturdays: March 3, April 7
Time: 12:20 PM

Huntsville

Dates: Saturdays (Closed March 31)
Time: 1:30 PM
Location: Huntsville ECKANKAR Center

Madison

Dates: Sunday, March 4
Time: 2:00 PM
Location: Madison Public Library
142 Plaza Boulevard



Introductory Book Discussions

Please join us for these free book discussions based on books by Harold Klemp. All are welcome! You do not have to own the book to participate.

Andalusia

Call (334) 488-4559 for details.

The book discussion will be held once per month. Call to join!

ECK Wisdom on Dreams

Why Do We Dream?

“Dreams touch every level of our life,” says Sri Harold Klemp. “They may let us glimpse the future, or give suggestions for healing, or share insights into our relationships. Above all, they can and will steer us more directly toward God.”

ECK Wisdom on Dreams can help us remember and interpret our dreams, research past lives, and even reunite with a departed loved one.

Birmingham

Call (207) 294-2812 for details.

The Sound of Soul

Your Guide to the Worlds of HU

Sacred Sound, ancient mantra. HU is a universal love song to God.

It works for all.

Have you ever reached out to the universe for love and answers? Need help dealing with stress or fear? HU offers balance, wisdom, and wonder.

It brings alignment with your true purpose and highest good.

This potent volume of contemplation seeds and spiritual exercises can get you started on the journey of a lifetime—your return to the heart of God.

Life is a spiritual experience!

Dates: March 3, April 7

Time: 11:00 AM – 12:00 PM



Cable TV Broadcasts

You are invited to hear inspiring stories and insights from these talks by Sri Harold Klemp, the spiritual leader of Eckankar, during special cable television broadcasts (recorded during his seminar appearances).

Acres of Diamonds

“Spiritual unfoldment never stops; it goes on and on. No matter how far you have come today, you can go further tomorrow. And no matter how far you come in this lifetime, of necessity you must go much further in your next lifetime. ...”

—Sri Harold Klemp, *The Spiritual Laws of Life*, 2 ed., p. 129

We are as spiritual diamonds in the rough. Learn how to become a polished gem of God.

Date: Friday, April 13

Time: 7:30-8:00 PM

Channel: WOW (Knology) Cable Channel 11
Huntsville / Madison

Huntsville ECK Center Open Hours

Saturdays, 1:00 PM - 3:00 PM

(March 17 ECKANKAR Regional Seminar in Madison.
March 31 closed for Holiday.)

Come by and ask questions or share your story and check out books or tapes from our library. Enjoy fellowship following the HU Song.



ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.

For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang
78 Crossbrook Lane
Chelsea, AL 35043
Phone: 205-678-8443

In Huntsville: Huntsville ECKANKAR Satsang
P.O. Box 4792
Huntsville, AL 35815
Phone: 256-534-1751

Lightline

Serving the state of Alabama.

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ECKANKAR—The Path of Spiritual Freedom.