



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA. For more information about a particular event, you may write one of the Eckankar Satsangs shown on the outside cover page.

ECK Light and Sound Services

The ECK Light and Sound Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group then sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings.

Huntsville

Huntsville Eckankar Center
900 Wellman Avenue, NE #3

Date: November 5 Time: 11:00 AM

A Greater Vision*

“You are starting as a limited human being set down in a world of plenty.

There is no limitation except for the limitations you have made for yourself. These limitations are very real.

One way to begin coming into a greater vision of life is to sing *HU* when you need help. You say, ‘I’ve made my plan. I’m now asking for God’s help.’ Then as you work toward your plan, remember to sing *HU*.”

—Sri Harold Klemp, *The Sound of Soul*, p. 21

*Note: This is a special service that may include a guest speaker or a panel, as well as our regular group discussion and HU Song.

Date: November 12 Time: 11:00 AM

Love Purifies

“...In this new year you will find you’ll be better off spiritually using more love, not only in your actions but in your thoughts. Love purifies.”

—Sri Harold Klemp, *We Come as Eagles*,
Mahanta Transcripts, Book 9, p. 5



Date: November 19 Time: 11:00 AM

Becoming a Co-worker with God

“There are two aspects to the path of ECK. First of all, Soul is individual; we are each unique, divine particles of God. That’s fine as far as it goes, but there is also a second principle: individuals to be truly spiritual must become Co-workers with God. That means to serve others.”

—Sri Harold Klemp, *We Come as Eagles*,
Mahanta Transcripts, Book 9, p. 61

Date: November 26 Time: 11:00 AM

Please join us for a twenty-minute HU Song, our Love Song to God, instead of our regular service.

Huntsville ECK Center Open Hours

Saturdays, 1:00 PM - 3:00 PM

(closed November 25th, December 23rd and 30th
for the holidays)

Come by and ask questions or share your story and check out books or tapes from our library. Enjoy fellowship following the Sound of Soul Event.



ECK Light and Sound Services

Huntsville (Continued)

Date: December 3 Time: 11:00 AM

*What Does It Mean to Be a Spiritual Being?**

“Until you become a strong human being—able to survive under any and all conditions—you're never going to be able to help anyone else. In Eckankar, we want to see people develop into strong human beings. This is a path for the strong. The meek shall inherit the earth, but the strong shall go into the highest reaches of heaven.”

—Sri Harold Klemp, *What is Spiritual Freedom?*,
Mahanta Transcripts, Book 11, page 156

*Note: This is a special service that may include a guest speaker or a panel, as well as our regular group discussion and HU Song.

Date: December 10 Time: 11:00 AM

Attaining Spiritual Freedom

“This is the substance of the teachings of ECKANKAR: to help Soul find the Light and Sound so that It may attain spiritual freedom and then become a Co-worker with God.”

—Sri Harold Klemp, *We Come as Eagles*,
Mahanta Transcripts, Book 9, p. 76

Date: December 17 Time: 11:00 AM

We Come as Eagles, Not as Doves

“...Basically, the eagle is the enlightened Soul. To me the dove represents the unenlightened Soul: sweet and pure, but not really understanding the spiritual laws of life. We in ECK like to think of ourselves as eagles because we are working with the enlightenment of God.”

—Sri Harold Klemp, *We Come as Eagles*,
Mahanta Transcripts, Book 9, p. 80

Date: December 24 Time: 11:00 AM

Please join us for a twenty-minute HU Song, our Love Song to God, instead of our regular service.

Date: December 31 Time: 11:00 AM

Please join us for a twenty-minute HU Song, our Love Song to God, instead of our regular service.

The Sound of Soul Events

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

HU can uplift people of any religion, culture, or walk of life.

You're invited to experience chanting *HU*, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU: inner peace and calm, divine love, expanded awareness, spiritual self-discovery and growth, and healing of the heart.

Huntsville

Dates: Saturdays
(closed November 25th, December 23rd and 30th
for the holidays)

Time: 1:30 PM

Location: Huntsville ECKANKAR Center
900 Wellman Avenue, NE #3

Dates: 2nd Saturdays, 2:00 PM
Call Barb (256) 361-4297 for details

Location: Madison Village
6016 Wall Triana Highway
Madison, AL 35758

Birmingham

Dates: 1st Saturdays
November 4, December 2

Time: 12:20 PM



Introductory Book Discussions

Please join us for these free book discussions based on books by Harold Klemp. All are welcome! You do not have to own the book to participate.

Andalusia

Call (334) 488-4559 for details.

The book discussion will be held once per month. Call to join!

ECK Wisdom on Solving Problems

Why Is This Happening, and How Can I Fix It?

Problems? Problems! Why do we have so many? What causes them? Can we avoid them?

Author Harold Klemp, the spiritual leader of Eckankar, can help you answer these questions and more. His sense of humor, and practical approach offer spiritual keys to unlock the secrets to effective problem solving.

Birmingham

Call (207) 294-2812 for details.

Animals Are Soul Too!

Stories of Love, Companionship, and Spiritual Gifts from Our Animal Friends

Animals are Soul too! We're all woven of the same fine cloth by the Creator, says Harold Klemp, here to learn from each other, to help each other, to love and respect each other.

Every chapter features an easy spiritual exercise to help you enlarge your awareness of our divine kinship with animals as Soul—and with all living things.

Known as a pioneer of “everyday spirituality,” the author, Harold Klemp, is the current spiritual leader of Eckankar.

Dates: 1st Saturdays—November 4, December 2
Time: 11:00 AM – 12:00 PM

Cable TV Broadcasts

You are invited to hear inspiring stories and insights from these talks by Sri Harold Klemp, the spiritual leader of Eckankar, during special cable television broadcasts (recorded during his seminar appearances).

The Road to Spiritual Freedom: A History

“When a person truly has spiritual freedom, it’s an ecstasy of Soul. Your ears will have been opened to the music of God, and your eyes opened to the Light of God.”

—Harold Klemp,
Your Road Map to the ECK Teachings:
ECKANKAR Study Guide, Volume 2, p. 151

Man’s desire and struggle for individual freedom began before recorded history and continues into the present. Tune in to discover some of the milestones on your road to spiritual freedom.

Date: Friday, November 10
Time: 7:30-8:00 PM
Channel: WOW (Knology) Cable Channel 11
Huntsville / Madison

The Breath of God

“...It [ECK, the Holy Spirit] is working during those magical moments of a day when no matter what you touch, it turns out right. Everything you do seems to have the blessing of God upon it. It’s a day when you can’t do anything wrong; everything is right and you are aware of this. This is living in the presence of God.”

—Harold Klemp, *Journey of Soul*,
Mahanta Transcripts, Book 1, p. 228

Become more aware of how the gentle breeze of God’s presence courses through your life and brings you its miracles.

Date: Friday, December 15
Time: 7:30-8:00 PM
Channel: WOW (Knology) Cable Channel 11
Huntsville / Madison



ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.

For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang
Phone: 207-294-2812

In Huntsville: Huntsville ECKANKAR Satsang
P.O. Box 4792
Huntsville, AL 35815
Phone: 256-534-1751

Lightline

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