



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA. For more information about a particular event, you may write one of the Eckankar Satsangs shown on the outside cover page.

ECK Light and Sound Services

The ECK Light and Sound Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group then sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings.

Huntsville

Huntsville Eckankar Center
900 Wellman Avenue, NE #3



Date: March 1 Time: 11:00 AM

Finding Balance in a World of Change*

“Everything in life is about change. Yet it is mostly your ability to change your consciousness to the needs of the moment that counts above all. Graceful change of that sort will keep you spiritually young for all time.”
—Harold Klemp, *The Spiritual Laws of Life*, p. 7

*Note: This is a special service that may include a guest speaker or panel, as well as our regular group discussion and HU Song.

Date: March 8 Time: 11:00 AM

Open Your Heart, Then Your Eyes and Ears Too!

“Whether we are talking about the inner or outer life, it pays spiritually to open your heart, then your eyes and ears too.”
—Harold Klemp, *The Living Word*, Book 4, p. 98

Date: March 15 Time: 11:00 AM

HU

“It is an ancient name for God. Anyone may sing it when there is trouble, stress, or worry. It is sung aloud or silently as HU (“hue”), or also spelled out, H-U. Spiritual aid will come.

Young or old can sing it. Age does not matter.”
—Harold Klemp, *The Living Word*, Book 4, p. 118

Date: March 22 Time: 11:00 AM

Love for All Life

“A heart person tends toward love, patience, and tolerance. He is like sunshine to others.”
—Harold Klemp, *The Loving Heart*, p. 71

Date: March 29 Time: 11:00 AM

On Holy Ground

“[She] noticed a healing taking place. It was a feeling of being on holy ground, a feeling she would notice many times over in the future as a member of Eckankar. It occurs when someone invites the ECK, the Holy Spirit, into a situation to handle it. The atmosphere inside and outside one changes.”
—Harold Klemp, *The Living Word*, Book 4, p. 121

Date: April 5 Time: 11:00 AM

Gifts of God*

“The ECK Masters have great compassion. They give love and mercy to the people they meet. All they want to do is pass along the gifts of God, but people have to earn them.”
—Harold Klemp, *The Slow Burning Love of God*, Mahanta Transcripts, Book 13, p. 70

*Note: This is a special service that may include a guest speaker or panel, as well as our regular group discussion and HU Song.

Alabama’s newsletter for Eckankar, The Path of Spiritual Freedom



ECK Light and Sound Services

Huntsville (Continued)

Date: April 12 Time: 11:00 AM

Problems and Their Resolutions

“People’s focus is so intent upon the closed doors that they often fail to see the open ones.”

—Harold Klemp, *The Living Word*, Book 4, p. 123

Date: April 19 Time: 11:00 AM

Just Keep Looking Ahead

“Spiritually healthy people keep their faces ever looking ahead, in spite of all self-doubt.”

—Harold Klemp, *The Living Word*, Book 4, p. 129

Date: April 26 Time: 11:00 AM

Soul’s Divine Legacy

“There is a spiritual lesson in this story. It showcases the spark of creativity, Soul’s divine legacy.”

—Harold Klemp, *The Living Word*, Book 4, p. 131



Birmingham Area

Homewood Public Library, Rm 110
1721 Oxmoor Rd, Homewood AL, 35209

Date: March 7 Time: 10:30 AM

Open Your Heart, Then Your Eyes and Ears Too!

“Whether we are talking about the inner or outer life, it pays spiritually to open your heart, then your eyes and ears too.”

—Harold Klemp, *The Living Word*, Book 4, p. 98

*Note: This is a special service that may include a guest speaker or panel, as well as our regular group discussion and HU Song.



Alabama ECKANKAR Regional Seminar

Become the Loving Heart

Saturday, March 21—1:00 PM to 8:00 PM

Best Western Plus
9035 Madison Blvd, Madison AL, 35758

“...What is the purpose of life? Why are we here? It is to learn to give and receive God’s love.”

—Harold Klemp, *Our Spiritual Wake-Up Calls*,
Mahanta Transcripts, Book 15, p. 21

Inspirational talks, personal stories and panel discussions will offer spiritual tools and insights for understanding how to improve your life and find a greater measure of happiness.

Come enjoy these seminar events, as well as roundtable discussions and creative arts performances. Connect with other like-minded people from all around the southeastern states. Learn new and advanced ways for exploring your inner worlds.

Some of the seminar topics include:

“Every Moment Is a Blessing”

“Soul Is a Happy Being”

“What Is Your Heart Telling You?”

“Life Depends on Love”

“The Healing Properties of Patience and Love”

“How Can I Know I’m Following My Inner Guidance?”

FREE ADMISSION and a CD with special techniques for exploring dreams and Soul Travel for those who are not members of Eckankar.

For more information call 256-534-1751, or visit our Web site at www.eck-alabama.org



Introductory Book Discussions

Please join us for these free book discussions based on books by Harold Klemp. All are welcome! You do not have to own the book to participate.

Andalusia

Call (334) 488-4559 for details.

The book discussion will be held once per month. Call to join!

March—April

Spiritual Wisdom on Relationships

Spiritual Wisdom on Relationships can help you find greater happiness in *your* relationships! Discover: the source of love, the secret of all relationships, wisdom on strengthening a marriage, how to love yourself, how to find solace when a loved one dies, your bond of love with all life—and with God, and much more.

Huntsville

ECKANKAR's Spiritual Experiences Guidebook

Please join us for this spiritual exploration class based on *ECKANKAR's Spiritual Experiences Guidebook* to past lives, dreams, Soul Travel, and more. This guidebook offers many tools for gaining greater awareness. Featured are easy spiritual exercises, prompts for journal writing, and excerpts from Sri Harold's talks and writings to listen to on CD or link to online. Those who are not members of ECKANKAR will receive a free book (including CD).

Date: Saturday, April 18
Time: 1:30 PM
Location: Huntsville ECKANKAR Center
900 Wellman Avenue, NE #3

Huntsville ECK Center Open Hours

Saturdays, 1:00 PM - 3:00 PM

Closed 3/21 for Alabama ECK Regional Seminar at Best Western Plus Hotel in Madison. Please join us there from 1:00-8:00 PM.

Come by and ask questions or share your story and check out books or tapes from our library. Enjoy fellowship following the HU Song.

The Sound of Soul Events

You're invited to experience chanting *HU*, contemplative time, and spiritual conversation with others of like heart.

Auburn

Dates: 2nd Sundays: March 8, April 12
Time: 1:00 PM
Location: 2nd Floor Meeting Room
Auburn University Regional Airport
2150 Mike Hubbard Boulevard

Birmingham Area

Dates: Saturday, April 4
Time: 10:30 AM
Location: Homewood Public Library, Rm 110
1721 Oxmoor Rd, Homewood AL, 35209

Huntsville

Dates: Saturdays (except 3/21—see seminar on p. 2)
Time: 1:30 PM
Location: Huntsville Eckankar Center
900 Wellman Avenue, NE #3

Cable TV Broadcasts

You are invited to hear inspiring stories and insights from these talks by Sri Harold Klemp, the spiritual leader of Eckankar, during special cable television broadcasts (recorded during his seminar appearances).

Master Your Spiritual Destiny

“...The purpose of the spiritual path of ECK—through the dream state and the outer teachings, the discourses and so on—is to give you an idea of how to approach this whole problem: how to become a more spiritual being and master your spiritual destiny.”

—Harold Klemp, *Our Spiritual Wake-Up Calls*, Mahanta Transcripts, Book 15, p. 68

Discover five steps to help you master your spiritual destiny and more.

Date: Friday, April 10
Time: 7:30-8:00 PM
Channel: WOW (Knology) Cable Channel 11
Huntsville / Madison



ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.

For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang
Phone: 256-479-6409

In Huntsville: Huntsville ECKANKAR Satsang
P.O. Box 4792
Huntsville, AL 35815
Phone: 256-534-1751

Lightline

Serving the state of Alabama.

March / April 2020.

Published by the Alabama Satsang Society, Inc.,

A Chartered Affiliate of ECKANKAR.

ECKANKAR—The Path of Spiritual Freedom.