



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA. For more information about a particular event, you may write one of the Eckankar Satsangs shown on the outside cover page.

## **ECK Light and Sound Services**

The ECK Light and Sound Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group then sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings.

### **Huntsville**

Huntsville Eckankar Center  
900 Wellman Avenue, NE #3

Date: July 21

Time: 11:00 AM

### ***Approaching the Altar***

“The Sound and Light carry out God’s scheme of creation. So the highest anyone can aspire to is a life of high creativity, but always guided by the force of divine love.

This is how to be most like God.”  
—Sri Harold Klemp, *The Sound of Soul*, p. 74



Date: July 28

Time: 11:00 AM

### ***What Is Soul?***

“Soul? What is Soul? You are Soul!

Soul is a divine part of God. All that remains is for you to recognize yourself. And to recognize yourself as a divine part of God, you must first—and more than anything else—recognize every living thing also as this part of God. We are in this Ocean of Love and Mercy.

If there is nothing else than love in life, there is more than enough for all. So take this love that dwells in you and give it to the world.”

—Sri Harold Klemp, *The Sound of Soul*, p. 8

Date: July 7

Time: 11:00 AM

***Please join us for a twenty-minute HU Chant, our Love Song to God, instead of our regular service.***

Date: July 14

Time: 11:00 AM

### ***Being the HU***

“You are a living spiritual exercise.

Every moment of your life, you must be the HU. This is more than just chanting *HU*. This is being the HU.

The Sound must always be in your atoms. It must be with you when you are driving, when you’re at work, when you’re at home eating a meal with your family. The HU and you must be one and the same.

And if you make yourself more and more one with the HU, you will find that life is a more joyful place.”

—Sri Harold Klemp, *The Sound of Soul*, p. 62

### **Huntsville ECK Center Open Hours**

Saturdays, 1:00 PM - 3:00 PM  
(Closed July 6 and August 31)

*Come by and ask questions or share your story and check out books or tapes from our library. Enjoy fellowship following the HU Song.*



## ECK Light and Sound Services

### Huntsville (Continued)

Date: August 4 Time: 11:00 AM

#### *A Simple Key to Your Secret Worlds\**

“The Spiritual Exercises of ECK are a key to your secret worlds.

They can be so simple. Just close your eyes in some quiet place, and sing *HU* to yourself. Relax, and let the love of God into your heart.

—Sri Harold Klemp, *The Sound of Soul*, p.78

\*Note: This is a special service that may include a guest speaker or a panel, as well as our regular group discussion and HU Song.

Date: August 11 Time: 11:00 AM

#### *Highest Good*

“When you sing *HU*, you are spiritualizing your attention. You are saying, ‘I am putting all my attention, heart, and Soul upon the highest good I can imagine.’”

—Sri Harold Klemp, *The Sound of Soul*, p. 39

Date: August 18 Time: 11:00 AM

#### *Why Do I Need a Spiritual Teacher?*

“It’s the privilege of every ECK Master to open a seeker’s eyes to the eternal being he is, of the same substance as the Divine Spirit. I reach out to everyone who wishes to become a master of the laws of life, which will help him attain God Consciousness while still on earth. ...”

—Sri Harold Klemp, *Those Wonderful ECK Masters*, p. 256

Date: August 25 Time: 11:00 AM

#### *Destiny*

“Destiny can be thought of as the equipment, talents, or gifts which a person brings to this life. It remains for each to use them wisely.

Yet once an individual begins to live in accord with the divine will, he will see his outer life run in new directions. A whole new chapter is begun as a page is turned in the Book of Life. ...”

—Sri Harold Klemp, *The Sound of Soul*, p. 20

### Birmingham

Homewood Public Library  
1721 Oxmoor Road

Date: July 14 Time: 11:00 AM

#### *Being the HU*

“You are a living spiritual exercise.

Every moment of your life, you must be the HU. This is more than just chanting *HU*. This is being the HU.

The Sound must always be in your atoms. It must be with you when you are driving, when you’re at work, when you’re at home eating a meal with your family. The HU and you must be one and the same.

And if you make yourself more and more one with the HU, you will find that life is a more joyful place.”

—Sri Harold Klemp, *The Sound of Soul*, p. 62

## The Sound of Soul Events

You’re invited to experience chanting *HU*, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU: inner peace and calm, divine love, expanded awareness, spiritual self-discovery and growth, and healing of the heart.

### Auburn

Dates: 2nd Sundays: July 14, August 11  
Time: 1:00 PM  
Location: 2<sup>nd</sup> Floor Meeting Room  
Auburn University Regional Airport  
2150 Mike Hubbard Boulevard

### Huntsville

Huntsville Eckankar Center  
900 Wellman Avenue, NE #3  
Dates: Saturdays (except July 6 and August 31)  
Time: 1:30 PM  
Location: Huntsville ECKANKAR Center  
900 Wellman Avenue, NE #3



## Introductory Book Discussions

Please join us for these free book discussions based on books by Harold Klemp. All are welcome! You do not have to own the book to participate.

### Andalusia

Call (334) 488-4559 for details.

The book discussion will be held once per month. Call to join!

### July

#### ***ECK Wisdom on Soul Travel***

##### **Explore Your Own Adventure of a Lifetime**

*ECK Wisdom on Soul Travel* gives you tools to experiment with and introduces you to a spiritual guide who can show you the road to your infinite future—a road that courses through every moment of your daily life.

### August

#### ***Spiritual Wisdom on Conquering Fear***

##### **What Is the Key to Overcoming Fear?**

Inside this booklet you'll find heartwarming stories and a voice of comfort, wisdom, and self-mastership. Discover answers to being afraid of losing love, of death, of going beyond yourself, of change, and much more. You will also find a very special spiritual exercise to help you conquer fear.

### Birmingham

Call (256) 479-6409 for details.

The book discussion will be held once per month. Call to join!

### August

#### ***ECK Wisdom on Spiritual Freedom***

##### **What is the secret of true freedom?**

What would you give for the secret of true freedom? Consider this book a ticket to an unexpected destination—the heart of your being.

Open your wings and prepare for flight!

## Cable TV Broadcasts

You are invited to hear inspiring stories and insights from these talks by Sri Harold Klemp, the spiritual leader of Eckankar, during special cable television broadcasts (recorded during his seminar appearances).

### ***True Wisdom: The Master's Love***

“...As we do the Spiritual Exercises of ECK, our consciousness opens. We become more aware of the help that is already at hand.

The Master says, ‘I am always with you.’ There is never any need to panic and say, Why have you forsaken me? The love of the Master is always there, and it takes only our acceptance and our awareness of it.”

—Harold Klemp, *Journey of Soul*, Mahanta Transcripts, Book 1, p. 71

Learn how to experience the highest form of communication between God and Soul.

Date: Friday, July 12

Time: 7:30-8:00 PM

Channel: WOW (Knology) Cable Channel 11  
Huntsville / Madison

### ***Lessons and Blessings***

“I think if more people looked at what life has to offer them as teaching aids from Divine Spirit, they would be better spiritual and human beings instead of being victims.”

—Harold Klemp, *The Secret of Love*, Mahanta Transcripts, Book 14, p. 57

What are you doing with the tools you have? Are you using them as a crutch? Or are you using them as a teacher? Consider the lessons and blessings in your life as you listen to this talk by Harold Klemp—where he explores our relationship with the Law of Cause and Effect.

Date: Friday, August 16

Time: 7:30-8:00 PM

Channel: WOW (Knology) Cable Channel 11  
Huntsville / Madison



## ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

**The Four ECK Celebrations of Life.** These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

**ESA Sessions.** An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.

For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang  
Phone: 256-479-6409

In Huntsville: Huntsville ECKANKAR Satsang  
P.O. Box 4792  
Huntsville, AL 35815  
Phone: 256-534-1751

## *Lightline*

Serving the state of Alabama.

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