



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA. For more information about a particular event, you may contact one of the Eckankar Satsangs shown on the outside cover page.

## ECK Worship Services

The ECK Worship Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group then sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings.

### **Huntsville**

Huntsville Eckankar Center  
900 Wellman Avenue, NE #3

Date: January 18

Time: 11:00 AM

### ***No Conditions***

Date: January 4

Time: 11:00 AM

### ***Dreams, Your Road to Heaven\****

“Dreams are the starting point for many who wish to begin the spiritual journey to God and do it in the easiest possible way. There simply is no better way to start than with our dreams. Good works may carry us far along this holy journey, and prayer is indeed a boon, but generally we can learn more about the true nature of God through the secret knowledge of dreams.

Daydreams, night dreams, contemplation, Soul Travel—all are steps in the pursuit of heaven. ...”  
—Harold Klemp, *The Living Word*, Book 2, p. 57

\*Note: This is a special service with a guest speaker or a panel, as well as our regular group discussion and HU Song.

“Divine love has no conditions—it simply loves. God loves, but not because we deserve it or have earned it. The reason is simply that God is love, therefore God loves. We are Soul, God’s creation, and It loves us because that is Its nature.”

—Harold Klemp, *HU, The Most Beautiful Prayer*; p. 7

Date: January 25

Time: 11:00 AM

### ***Give Me Understanding, Give Me Strength***

“During the time you’re singing HU, you are saying to Divine Spirit, ‘I’ve opened myself to you. Give me the understanding and the wisdom to meet the waves of life—the problems, troubles, and whatever else. Give me the strength to meet life. ...’ ”

—Harold Klemp, *HU, The Most Beautiful Prayer*; pp. 13-14

Date: January 11

Time: 11:00 AM

### ***HU, A Spiritual Tuning Fork***

“Singing HU has been practiced for thousands of years in one form or another for inner attunement. In the same way a musician can use a tuning fork to find the right pitch, the person singing HU tunes in to a higher spiritual awareness.”

—Harold Klemp, *HU, The Most Beautiful Prayer*; p. vii

### **Huntsville ECK Center Open Hours**

Saturdays, 1:00 PM - 3:00 PM  
900 Wellman Av NE, #3

*Come by and ask questions or share your story and check out books or tapes from our library.*



## ECK Worship Services

Huntsville (continued)

Date: February 1                      Time: 11:00 AM

### ***Keeping the Heart Open\****

“Doing the Spiritual Exercises of ECK is important because it clears out the impurities in the human consciousness that block awareness of the other planes.

This gift the ECK Masters bring is to allow people to live more fully in God’s love. When God’s love comes in, fears go out, including the fear of death. And so do all the other passions of the mind. The Spiritual Exercises of ECK put the mind where it belongs. It’s a good servant but a poor master.

The spiritual exercises keep the consciousness clear and the heart open to the ECK [Holy Spirit].”  
—Harold Klemp, *The Living Word*, Book 3, pp. 226-227

\*Note: This is a special service that may include a guest speaker, music or a panel discussion

Date: February 8                      Time: 11:00 AM

### ***Cycles of Nature***

“...The cycles of nature are run by divine will and divine love. The reason we resist them is because we in the human state of consciousness generally cannot see farther than the end of our nose.”  
—Harold Klemp, *HU, The Most Beautiful Prayer*; p. 26

Date: February 15                      Time: 11:00 AM

### ***The Inner Sound***

“No matter which inner sound you hear, it’s the sound of the Holy Spirit uplifting you. It’s the sound of the Holy Spirit making changes in you which will leave you different tomorrow than what you were yesterday.”  
—Harold Klemp, *HU, The Most Beautiful Prayer*; pp. 31-32



Date: February 22                      Time: 11:00 AM

### ***Rising in Spiritual Freedom***

“When you sing the name of God with love, the bindings and bands that constrain Soul will begin to unwind. Not all at once but very slowly, at a rate you can understand and accept. As these bindings are released, Soul rises in spiritual freedom.”  
—Harold Klemp, *HU, The Most Beautiful Prayer*; p. 37

## **2009 Alabama ECKANKAR Regional Seminar**

### ***Golden Keys to the Mysteries of Life***

March 21 at the Holiday Inn in Madison  
Afternoon Session: 1:00 - 4:30 PM  
Evening Session: 6:30 - 8:30 PM

*Please come and bring a friend!*



## Cable TV Broadcasts

You are invited to hear inspiring stories and insights from these talks by Sri Harold Klemp, the spiritual leader of Eckankar, during special cable television broadcasts (recorded during his seminar appearances).

### ***True Wisdom: Learning from the Past***

“True wisdom comes through the right kind of experience—experiences that lead us through life to a higher state of consciousness.”

—Harold Klemp,

*Your Road Map to the ECK Teachings:*

*ECKANKAR Study Guide, Volume 2, p. 149*

How do we get the right kind of experiences to lead us through life to higher states of consciousness? Each of us can learn to find true wisdom in our own life in a variety of places—a panorama that stretches from our present dreams to past life experiences.

Date: Friday, January 16  
Time: 7:30-8:00 PM  
Channel: Comcast Cable Channel 3  
Huntsville

### ***The Road to Spiritual Freedom: A History***

“When a person truly has spiritual freedom, it’s an ecstasy of Soul. Your ears will have been opened to the music of God, and your eyes opened to the Light of God.”

—Harold Klemp,

*Your Road Map to the ECK Teachings:*

*ECKANKAR Study Guide, Volume 2, p. 151*

Man’s desire and struggle for individual freedom began before recorded history and continues into the present. Tune in to discover some of the milestones on your road to spiritual freedom.

Date: Friday, February 13  
Time: 7:30-8:00 PM  
Channel: Comcast Cable Channel 3  
Huntsville

### **ECK Clergy Services**

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

**The Four ECK Celebrations of Life.** These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

**ESA Sessions.** An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.



For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang  
78 Crossbrook Lane  
Chelsea, AL 35043  
Phone: 205-678-8443

In Huntsville: Huntsville ECKANKAR Satsang  
P.O. Box 4792  
Huntsville, AL 35815  
Phone: 256-534-1751

## *Lightline*

Serving the state of Alabama.

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ECKANKAR, Religion of the Light and Sound of God.